

Masters Swim Clinic



Sunday 1st November 12.30 till 17.00
Stantonbury Campus, Milton Keynes

Only £15



This Swim Clinic offers a great opportunity for master swimmers to improve their overall swimming performance. The day will include both water and land based training focused on improving technique and overall performance.

To book your place on the swim clinic, please return the form below with a cheque for £15 (made payable to Swim MK) to
Charlotte Smith, Bucks Sport, 66 High Street, Aylesbury, Bucks, HP20 1SD
Booking forms to be received by the 20th October.

If you would like to know more about the clinic, please contact Charlotte Smith on 01296 585090
or csmith@buckssport.org

Name: _____ Swimming Club: _____

Address: _____

Post Code: _____

Telephone: _____ Mobile: _____

E-mail: _____

Date of Birth: ____/____/____ Age: _____ Gender: Male: _____ Female: _____

Emergency Contact and Medical Information

Emergency Contact: _____ Relationship: _____

Address: _____

Tel No: _____ Mobile: _____

Any medical conditions that we should be aware of:

No Yes Please Explain: _____

Signed _____