

OXFORDSHIRE & NORTH BUCKINGHAMSHIRE ASA

President: Mrs Sally-Anne Clavaud

Minutes of Executive Meeting held at Bicester on Tuesday 19th May 2009.

Present: S-A Clavaud , P.Shaw , I.Powell , J.Wilford , K.Phillips , I.Brewer , S.Tamone & reps from Aylesbury , Bourne End , CMK , Didcot Barramundi , Maxwell , Newport Pagnell , Wantage & Thame S.C's.
Also present were Eli Karlicka-Cook (ASASER RD) & Charlotte Smith (Bucks SDO).

Apologies: E.House , M.Fuller , T.Field , A.Powell , K.Greener , A.Brewer , Bletchley & Bucks Disability S.C's.

56.0 Minutes of Executive Meeting held at Bicester on Thursday 26th March were approved and signed.

57.0 Matters arising from 56.0

None

58.0 Correspondence

1. First half of Regional Administration Grant for 2009/10 received from the South East Region.
2. General point regarding our County Welfare Officer was made by PS. She is busy working behind the scenes. The issues, obviously, can not be discussed openly and brought to the Executive. If you have a welfare issue that you wish to discuss beyond your own club then please contact ally.brewer@ntlworld.com.

59.0 President's Report

Sally-Anne Clavaud presented her report which is attached.

60.0 Treasurer's Report

Ian Powell presented his report which is attached.

61.0 Disciplines

1. Swimming:- Ian Powell presented his report which is attached.
2. Fixtures:- Ian Brewer presented his report which is attached.
3. Records:- Peter Shaw presented Record Claims for ratification and they are attached.
4. Synchro:- Mandy Fuller's report was presented in her absence and is attached.
5. Masters:- 17 records were presented for ratification in David Hall's absence and are attached. A summary of all LC & SC records was also presented which is attached.
6. Disability:- Liz House's report was presented in her absence and is attached.

62.0 Counties Debrief Minutes 23.04.09

These were approved and signed. There was only one amendment to the Debrief Minutes. After lengthy discussion the meeting agreed to stage the 400's at Stantonbury rather than Aqua Vale , as was the case until building work at Stantonbury necessitated a late switch to AV in 2009. The amendment was proposed by Thame and seconded by Newport Pagnell. It was also agreed that the 1500/800's would remain short course for 2010 but the situation will be reviewed next year in light of hopefully an increase in opportunities to swim LC with the opening of more pools in the Region in 09/10.

63.0 Funding Applications

Maxwell made the first applications for funding as per our 2009-13 Development Plan. (See Min.44.0 in January and Min.47.0 in March for further detail.

Maxwell requested funding for 1.) IT Equipment to a cost of £750 including a laptop computer and printer and 2.) Replacing swim equipment such as Heart Monitors, Medicine Balls and land cords to an approximate value of £1250. These were agreed.

64.0 President 2009/10

In the absence of a President-Elect for 2008/09 to take over from Sally-Anne Clavaud at the AGM on 9th July PS suggested that Sally-Anne Clavaud continue as President for a second year. Sally-Anne is happy to do this and the motion was proposed by John Wilford and seconded by Roger Barton (Aylesbury & District).

65.0 Bucks Development Report

Charlotte Smith presented her report which is attached.

66.0 Regional Director's Report

Eli Karlicka-Cook presented her report which is attached. The RD was also thanked for continuing the Regional Admin Grant for 2009/10. She was also asked for confirmation about the Bucks County Co-ordinators position which has been offered but not yet confirmed. The Oxfordshire post has been re-advertised. She was also asked why the Sub Region does not receive Regional Board minutes as it had done previously. Production of the SER Handbook is imminent but unfortunately it would not contain details of qualified officials as the District handbooks did. A strong comment was passed on to the RD about the classification of disability swimmers. Reports at the Debrief suggested that not only is their a lengthy wait but the process is a very uncomfortable one for the swimmers.

67.0 AOB

1. PS asked those present about their willingness to stand for re-election at the AGM. All concurred. Hopefully that applies to those absent and therefore the main post that needs to be filled is that of Awards Trustee as Karen Greener is unable to continue.
2. A reminder that the AGM is at the Littlebury Hotel , Kings End , Bicester on July 9th and not at the College.
3. The list of Pool Length Certificates issued is available on the ASA website under Licensed Meets.
4. There is a Team Managers Course being held at Wantage Leisure Centre on 6th July at 6.30pm.
5. Sarah Tamone mentioned the MARS Refuel Fund as a source of funding for clubs.
6. Charlotte Smith updated the meeting on the County Training Day on 11th October. Please see attached.

Meeting closed at 8.45 pm

Presidents Report May 2009

On Sunday 17th May I attended the Kingerlee County gala at Stantonbury, in which we hosted – many thanks to all those who helped out in the running of the gala.

It was a very exciting gala with many 1st places in both relays and individual events. The highlight of the afternoon for me was the end squadron relay which showed some very determined and storming swims. Well done to all swimmers and overall there were 21 first time county swims and 1 county colour's presented.

Another recent highlight has been over the previous two weekends we have finally been able to present the County Bagcats trophies. The presentations went very well and the majority of trophies were handed out to swimmers present.
Well done to all.

Sally Anne Clavaud
County President 2009

Treasurers Report

Income and Spending Since Last Meeting

Between 26/03/2009 and 19/05/2009

Income Categories

Championships Income	
Photos Commission	£165.00
County Gala's Income	
Admission Charge	£332.00
Swimwear	£330.00
Total Income Categories	£827.00

Expense Categories

Athlete Development	£520.00
Championships	
Catering	£3,125.00
Hire Charges Deposit	-£200.00
Hire Charges - Dance Studio	£876.49
Hire Charges - Furniture	£462.72
Hire Charges - Pool	£3,840.00
Hire Charges - Pool (Estimate)	£500.00
Hire Charges - Soft Play area	£751.20
Trophies	£26.07
County Gala's	
Pool Hire	£400.03
Refreshments	£45.57
Hire Charges	
Room Hire	£75.00
Sports Gear Purchases	£235.29
Sundry	
Donations	£500.00
Total Expense Categories	£11,157.37

Grand Total	<u><u>-£10,330.37</u></u>
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Net
Worth

As of 19/05/2009

Account	Assets	Total
	Bank and Cash Accounts	
	Cash	£90.27
	Competition Account	£1,278.77
	High Interest Business Reserve Account	£35,013.63
	Oxon & North Bucks ASA (General A/C)	£459.09
	Total Bank and Cash Accounts	£36,841.76
	Total Assets	£36,841.76
	Net Worth	£36,841.76

The above details the income & expenditure since the last meeting and the net worth.

Ian Powell
Treasurer
Oxon & North Bucks ASA

Swimming Secretaries Report 19-5-09

County Championships debrief meeting was held on the 23rd April at Littlebury Hotel. The points raised will be discussed later on in the meeting.

Both the Bagcat presentations have now been successfully completed and I would like to thank Aylesbury & District SC, City of Milton Keynes SC and Maxwell SC for providing helpers to ensure there smooth running. There are a few trophies that have not been collected which I will distribute shortly.

Ian Powell

Swimming secretary Oxon & North Bucks County ASA.

Fixtures Secretary Report - 19th May 2009

The Kingerlee gala was held on Sunday 10th May at Stantonbury with competing teams from Bedfordshire, Leicestershire, Warwickshire & Shropshire.

The gala was very well attended by many supporters from our own County & those visiting. There were so many spectators that we ran out of programmes. I will make a note for next year to print a few more.

In the pool we saw many great swims from our young swimmers. Competing in the individual events there were first places from:

David Witham - 50BK

Lucy Smith - 100BK & 100FLY

Courtney Dos Santos - 100FR

Ryan Smith 50FLY & 50 FR

Alex Murphy - 100BRS

Molly Williamson - 100FLY

Adam Van Lokven - 100FLY

Our relay teams were also performing well, especially in the medley events seeing 4 first places to clinch vital points. The last event was the 8 x 50m squadron which was new for this year's gala. We saw great excitement as all 5 Counties started well, especially Leicestershire who took an early lead. As the older swimmers took their turn we managed to claw back our position, leaving our last swimmer, Alex Murphy to challenge for the lead. On the final length he just managed to win as the crowd cheered him to victory in a tense finale.

Although we announced on the day that ONB were joint winners of the Trophy with Leicestershire, it was brought to my attention afterwards that there was an error with the results. A swimmer from Leicestershire was omitted from event 17, thus showing no points. Thanks to Ian Powell he discovered that this swimmers time had not been entered, although it appeared on the printout with the placing corrected & the backup time used.

The final point's totals (corrected) are:

Leicestershire	178
Oxon & North Bucks	174
Warwickshire	138
Bedfordshire	127
Shropshire	110

I would like to thank everyone who helped make this gala possible, including everyone at CMK both poolside & behind the scenes. Thanks also to our team Managers, Terry Field & Lindsay Powell as stand-in for Ali. There was also help from our Senior team Captains, Sam & Hannah who helped Greg with split times.

Looking forward now, our next County gala is the Leicestershire Lombardian being held on Sunday 13th September 2009.

Ian Brewer
ONB Fixtures Secretary

RECORD CLAIMS**MAY 19th 2009****Long Course**

18/04/09	Junior	M	50 Fly	27.20	Sam Van de Schootbrugge	COSC	Crawley
18/04/09	Junior	M	800 Free	8.50.33	“	“	“
18/04/09	Junior	M	100 Free	53.81	“	“	“
18/04/09	Junior	M	1500 Free	16.42.60	“	“	“
18/04/09	Open	M	800 Free	8.50.33 **	“	“	“
18/04/09	Open	M	1500 Free	16.42.60 **	“	“	“

** Superceded by later claim

03/05/09	Open	M	800 Free	8.39.48	Rory Kemp	Maxwell	Aldershot
04/05/09	Open	M	1500 Free	16.28.26	Rory Kemp	Maxwell	“
04/05/09	Junior	F	1500 Free	18.39.54	Leanne Brooks	COSC	“
02/05/09	Open	F	200 Free	2.06.44	Hannah Askew	Maxwell	“
03/05/09	Open	F	50 Back	31.81	Sarah Powell	Maxwell	“
03/05/09	Open	F	50 Fly	28.69	Hannah Askew	Maxwell	“
03/05/09	Open	F	4 x 100 Free	4.13.83	Maxwell		“

(Abi Bunce,Sarah Powell,Anna Evison,Briony Everett)

COUNTY REPORT

MAY 2009

SYNCHRONISED SWIMMING

Since March the Competition season has started again, we travelled to Nottingham for a routines competition. For half of the squad (and parents) this was their first experience of competition and fortunately they all enjoyed the experience and have signed up for the next competition in June.

Two swimmers and a coach attended the Synchro camp at Cobham Hall over Easter –Kathryn Fuller started her Level 2 qualification.

A senior swimmer has qualified as a Basic Assessor and Steve Fuller tutored his first Basic assessors course and also refereed the first of two required competitions towards qualification.

Witney Synchro was awarded their Swim 21 accreditation at Teaching level.

There are two taster days planned for July and August at the Windrush Leisure Centre.

The Junior European Championships were held at Gloucester with packed audiences –all events were won by the Russian squad but the British Juniors performed well on 5 weeks of training.

Mandy Fuller
mandy@witneysynchro.co.uk

Results form Robin Hood Competition

14& Under Duet 2nd – Hannah Butcher & Hanna Young

Open Duet 1st - Kathryn Fuller & Louise Fuller

14 & Under Team 2nd --- Hannah Butcher, Emma Critchley, Louisa Dack, Fleur Randall, Genevieve Randall, Hanna Young.

OXON & N.BUCKS 'MASTERS' RECORDS AS AT 19 MAY 2009

SHORT COURSE RECORDS

BACKSTROKE

1	100	LADIES	65-69	ROTRAUD PALMER	Co Oxford	07-Mar-09	1:41.37	Berks & S Bucks
2	200	LADIES	30-34	JOANNE EATON	Co Oxford	25-Oct-08	2:44.85	Midlands Open
3	200	MEN	40-44	MATTHEW GOMEZ	Co Oxford	07-Mar-09	2:38.90	Berks & S Bucks

BUTTERFLY

4	50	MEN	70-74	BRIAN REED	Co Oxford	07-Mar-09	41.28	Berks & S Bucks
5	100	LADIES	50-54	MARGARET SMITH	Co Oxford	25-Apr-09	1:17.61	Midlands Open

FREESTYLE

6	50	LADIES	70-74	ENID WAIN	Co Oxford	07-Mar-09	1:02.53	Berks & S Bucks
7	100	LADIES	50-54	MARGARET SMITH	Co Oxford	25-Apr-09	1:08.95	Midlands Open
8	100	LADIES	60-64	LYNNE TANNER	Witney	26-Apr-09	1:26.41	Midlands Open
9	100	LADIES	70-74	ENID WAIN	Co Oxford	07-Mar-09	2:17.61	Berks & S Bucks
10	400	LADIES	60-64	LYNNE TANNER	Witney	29-Mar-09	6:38.21	Gloucester Open

RELAYS

11		MEN	100+	4 X 50 FREESTYLE	Co Oxford	25-Apr-09	1:42.29	Midlands Open
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LONG COURSE RECORDS

BACKSTROKE

12	100	MEN	65-69	DAVID HALL	Witney	25-Jan-09	1:43.89	S E Region, Crawley
13	200	MEN	65-69	DAVID HALL	Witney	24-Jan-09	3:51.02	S E Region, Crawley

FREESTYLE

14	50	MEN	40-44	MATTHEW GOMEZ	Co Oxford	08-Feb-09	27.58	Rotherham
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15	400	MEN	40- 44	MATTHEW GOMEZ	Co Oxford	08-Feb- 09	4:59.05	Rotherham
16	400	MEN	65- 69	DAVID HALL	Witney	25-Jan- 09	6:42.64	S E Region, Crawley
17	800	MEN	65- 69	DAVID HALL	Witney	24-Jan- 09	13:33.99	S E Region, K2 Crawley

Disability Officer's Report – 19/05/09

I attended the British International Disability Championships in Sheffield at the weekend where Lucy Chenery (Maxwell), Danielle Watts and Rosie Bancroft (COSC) were competing. They all swam very well and earned places in the multi disability finals. Danielle also achieved a qualifying time for the European Championships in Iceland in October.

Liz House

Oxon and North Bucks Executive Meeting
Bucks Sport Report
19th May 2009

Contact Details:

Charlotte Smith
Swimming and Aquatics Development Officer

Tel: 01296 585090

Email: csmith@buckssport.org

Website: www.buckssport.org

Funding Available

Funding is available through the “Make a Splash” project for masters swimming. The purpose of this funding is to increase the number of swimmers taking part at master’s level. If any clubs wish to access this funding, please contact me directly to discuss further.

Young Aquatic Organisers

10 young people attended the Young Aquatic Organiser course held at Stoke Mandeville in April. Although the majority of attendees were swimmers from Maxwell and Aylesbury and District swimming clubs, three of the attendees have no links to swimming. As part of the award, the young organisers need to volunteer at local clubs and swimming events for a total of 3 hours. It would be appreciated if local clubs could contact me if they are able to give these volunteers placements.

Bucks Youth Games

A leaflet containing club details will be handed out to all swimmers at the Youth Games. If you wish to have your club included on the leaflet, please send me club contact information, club logo and any other information you wish to include by the 26th May. Similarly, if clubs have their own leaflet that they wish to have handed out, I will need to have received them not later than the 1st June.

Oxfordshire and North Buckinghamshire Executive Committee

19 May 2009

Item for Information

REGIONAL UPDATE

PURPOSE OF REPORT

This is to update the Oxfordshire and North Buckinghamshire (ONB) ASA Executive Committee on the most significant developments that have taken place since the last meeting.

PROPOSED ACTION

The ONB ASA Executive Committee to note the report.

1. VOLUNTEER DEVELOPMENT

Regional Bursaries support

In total, 23 individuals from ONB clubs have been awarded Regional Bursaries for UKCC aquatic teaching and coaching qualifications during 2008/09. This amounts to a total of £6,063.00 and can be broken down as follows:

- £2,203.00 UKCC Level 1
- £2,360.00 UKCC Level 2
- £1,500.00 UKCC Level 3

Land training

A Land training course is to be held on 5th July between 10am - 4pm at Bracknell Sports Centre. This seminar provides an introduction and background to strength training in swimming and an overview of how to apply complex training. This information is useful for all strokes but especially sprinters due to the high force producing nature of the race. For booking forms go to: *britishswimming – IoS – Education & Training - Find a course/seminar – seminar and filter for CPDs in the region.*

2. CLUB DEVELOPMENT – SWIM21 ACCREDITATION

Swim21

Bicester Bluefins SC is being put forward for re-accreditation at Teaching level to the Swim 21 National Panel to be held on 20 May.

Club Development Evening

Please note that a date and venue for the next Club Development Evening for clubs in Bucks is being identified and will be publicised in the near future.

3. LIAISON WITH LOCAL AUTHORITIES

Oxford City Council

The Regional Director met with Oxford City Council to discuss its plans for swimming and facility development. The Council is committed to swimming and is also meeting with the City of Oxford SC to continue its discussions regarding support for the club. The Regional Director has also met with Fusion Leisure who will be managing all pools in the city from September. The discussion revolved around the lack of appropriately qualified teachers and the implementation of the new National Plan for Teaching Swimming. The new pool operator is very keen to work with the Region and the club.

Local Aquatic Strategy

Oxford City Council and Aylesbury Vale District Council have been identified as priority local authorities with whom the Region will be working during 2009/10 to develop local aquatic strategies that aim to bring a coordinated and focused approach to community, club, and school and facility development in the area.

4. STAFFING STRUCTURE IN THE REGION

County Swimming Coordinators

Three out of seven County Swimming Coordinators (CSC) are now in place with one more due to start at the end of May and one other to confirm their acceptance of employment offer. Unfortunately, no appointment has been made for Oxfordshire and Kent. An advert for the vacant positions has been circulated to key partners with the closing that being 20 May and interviews taking place at the end of May.

Natalie Cunningham is the Senior CSC who will manage and mentor a team of six CSCs as well as act as a County Swimming Co-ordinator within her designated area of Surrey. Once the detailed work programme for the CSCs is agreed, Natalie will meet with Bucks Sport to discuss how both postholders i.e. CSC and Aquatic Development Officer are to work most effectively together in the county.

The CSCs will be involved with promoting the Government's Free Swimming initiative ensuring the delivery of agreed KPIs. Their role will also involve creating successful partnerships with local authorities, to secure the desired culture change required in and around swimming, to encourage people to swim more often.

Until all CSCs are appointed ASA staff will continue covering their current areas of work. If you are not sure who to contact in the meantime please either e-mail the regional office on office@southeastswimming or call on 1628 483 960.

Regional Development Coach

Kirstie Jackson has been appointed as the Regional Development Coach for disability swimming. Kirstie started on 11 May and is meeting with key partners as part of her induction. If you have any queries regarding disability swimming you can contact her on kirstie.jackson@swimming.org or 07881936588.

5. REGIONAL AQUAFORCE VOLUNTEER AWARDS 2009

The Region is pleased to announce that the nominations for the Aquaforce Volunteer Awards 2009 are now open. Many volunteers give their time and energy at club or county level, and this annual event celebrates those outstanding contributions that volunteers make to the Region. It also offers the Region, County Associations and Clubs an opportunity to thank everyone who works hard to deliver the sport. The Region will present Award Winners with a trophy at its Annual Club Conference to be held on 6 September 2009. All Regional Award Winners will be invited to attend the National Award Lunch in Sheffield. The seven award categories are:

1. Outstanding Contribution at Club Level
2. Outstanding Contribution at County/Regional Level
3. Long Service Award (25 years or more)
4. Young Volunteer - under 18 year
5. Outstanding Contribution by a 18 to 25 year old
6. Athlete of Year
7. Team of the Year

The closing date for nominations is 1st JULY. Nomination forms are available to download at:
www.southeastswimming.org.

6. REGIONAL CLUB CONFERENCE AND ANNUAL COUNCIL MEETING 2009

Following the success of the Regional Development Conference in 2008, the Region is holding a Regional Club Conference on 6th September at K2, Crawley. This exciting day is designed to provide Clubs and their members with help and information. The day will include a series of workshops on Funding, Parent Education, Athlete Development, Free Swimming, Club Development, Officials' Update and an inspirational talk from an international athlete. Athletes aged 10 – 13 years old will have an opportunity to experience a range of sessions led by *Total Swimming* that will include Flip n Fun, Speed Swimming, Mini-Polo and AquaFun. *Total Swimming* will also be securing the presence of Commonwealth/Olympic standard athletes and speakers for some of the workshops. A buffet lunch will be provided and the Regional Annual Council Meeting will be held between the first set of workshops and lunch. During that meeting, awards will be presented to clubs that have gained swim21 accreditation/re-accreditation in the previous twelve months and to winners of the Regional Aquaforce awards.

Eli Karlicka-Cook (RD)
19.05.09

Oxon and North Bucks Executive Meeting
County Training Day
19th May 2009

Contact Details:

Charlotte Smith
Swimming and Aquatics Development Officer

Tel: 01296 585090

Email: csmith@buckssport.org

Website: www.buckssport.org

County Training Day

Currently, 4 courses have been confirmed for 11th October. These include two Safeguarding and Protecting Young Children course, Equity in your Coaching and Coaching Disabled Performers. I am still waiting for confirmation on 3 other courses including Club for All, Funding for your Club and Developing Partnerships with Clubs and Schools. Motivation and Mental Toughness and Fuelling your Performers are no longer available.

OXON & N.BUCKS COUNTIES MENS 'MASTERS' LONG COURSE RECORDS AS AT 19 MAY 2009

50	BACK			BREAST			FLY			I.M			FREE			50
18-24	ALEX BARNETT	CMK	32.15	PETER WILLIAMS	Oxford	32.78	ALEX BARNETT	Banbury	29.55				SEAN RYAN	Bletchle 21-Jun-08	28.94	18-24
25-29	JONATHAN SADLER	Witney	30.86	GRAHAM CABLE	Witney 22-Jun-08	33.17	JONATHAN SADLER	Witney	28.20				JEREMY BIRDS	Oxford	25.57	25-29
30-34	ADAM WOODS	Oxford	31.64	MATTHEW GOMEZ	Oxford	35.19	IAN BECK	Witney	28.10				IAN BECK	Witney	26.21	30-34
35-39	DAREN HASELDINE	Newport Pagnell	34.18	MATTHEW GOMEZ	Oxford	35.33	IAN BECK	Witney	29.57				MATTHEW GOMEZ	Oxford	27.84	35-39
40-44	MIKE WHITEHEAD	Aylesbury	35.21	MATTHEW GOMEZ	Oxford 13-May-06	33.90	MATTHEW GOMEZ	Oxford 22-Jun-08	29.36				MATTHEW GOMEZ	Oxford 24-Jan-09	27.58	40-44
45-49	ROMAN WALCZAK	Abingdonvale	34.89	TOM MORROW	CMK 25-Apr-04	36.29	STEVEN WALL	Oxford	30.46				STEVEN WALL	Oxford	28.59	45-49
50-54	ROMAN WALCZAK	Oxford	35.15	TOM MORROW	CMK 16-Jun-06	36.69	TOM MORROW	CMK 22-Jan-06	33.49				PETER ILES	CMK	31.28	50-54
55-59	GEOFF DALE	Bicester 13-May-06	43.27	GEOFF DALE	Bicester 13-May-06	42.87	PETER ILES	CMK 22-Jun-08	33.88				GEOFF DALE	Bicester 13-May-06	31.68	55-59
60-64	BRIAN REED	Witney	42.65	BRIAN REED	Witney	43.34	DAVID HALL	Witney 24-Apr-04	38.98				BRIAN REED	Witney	33.87	60-64
65-69	BRIAN REED	Oxford	45.82	BRIAN REED	Oxford	45.54	DAVID HALL	Witney 12-May-07	39.46				DAVID HALL	Witney 21-Jun-08	34.99	65-69
70-74	GORDON CHAPMAN	Bicester	1:08.26	GORDON CHAPMAN	Bicester	1:00.64	GORDON CHAPMAN	Bicester	1:05.68				WILLIAM COCHRANE	Maxwell	49.49	70-74
100																
18-24	JAMES BEECHEY	CMK	1:09.30	PETER WILLIAMS	Oxford	1:10.77	GARETH LLEWELLYN	CMK	1:09.51				GARETH LLEWELLYN	CMK	1:00.80	18-24
25-29	DAVID DENNY	Oxford	1:08.15	GRAHAM CABLE	Witney 22-Jun-08	1:12.95	IAN BECK	Witney	1:02.79				MATTHEW GOMEZ	Oxford	59.75	25-29
30-34	ADAM WOODS	Oxford	1:08.57	MATTHEW GOMEZ	Oxford	1:18.75	IAN BECK	Witney	1:01.95				IAN BECK	Witney	57.12	30-34
35-39	PETER MASTERS	CMK	1:14.87	MATTHEW GOMEZ	Oxford	1:16.65	IAN BECK	Witney	1:04.26				PETER DISPAINE	CMK	1:01.01	35-39
40-44	PETER MASTERS	CMK	1:19.17	MATTHEW GOMEZ	Oxford 13-May-06	1:19.96	MATTHEW GOMEZ	Oxford 20-Jun-08	1:05.06				MATTHEW GOMEZ	Oxford 22-Jun-08	1:03.15	40-44
45-49	ROMAN WALCZAK	Abingdonvale	1:17.18	TOM MORROW	CMK 04-Jun-05	1:19.06	STEVEN WALL	Oxford	1:09.30				STEVEN WALL	Oxford	1:02.85	45-49
50-54	ROMAN WALCZAK	Oxford	1:18.65	TOM MORROW	CMK 18-Jun-06	1:20.76	TOM MORROW	CMK 22-Jan-06	1:17.48				PETER ILES	CMK 24-Mar-07	1:08.63	50-54
55-59	CHRIS SCOTCHER	Oxford	1:35.97	BRIAN REED	Witney	1:41.96	DAVID HALL	Witney	1:34.61				CHRIS SCOTCHER	Oxford	1:20.12	55-59
60-64	BRIAN REED	Witney	1:43.64	BRIAN REED	Oxford	1:39.44	DAVID HALL	Oxford	1:41.01				BRIAN REED	Oxford	1:18.12	60-64
65-69	DAVID HALL	Witney 25-Jan-09	1:43.89	BRIAN REED	Oxford	1:44.16	DAVID HALL	Witney 17-Jun-07	1:38.14				BRIAN REED	Oxford	1:18.96	65-69
70-74	GORDON CHAPMAN	Bicester	2:42.12	GORDON CHAPMAN	Bicester	2:15.66	GORDON CHAPMAN	Bicester	2:39.92				GORDON CHAPMAN	Bicester	1:59.70	70-74
200																
18-24	JAMES BEECHEY	CMK	2:41.39	GRAHAM CABLE	Witney	2:43.28	ALAN MERRY	CMK	2:35.40	GRAHAM CABLE	Witney	2:28.37	GRAHAM CABLE	Witney	2:06.42	18-24
25-29	MARTIN WEST	CMK	2:46.85	MATTHEW GOMEZ	Oxford	2:45.17	IAN BECK	Witney	2:17.24	MARTIN WEST	CMK	2:37.19	IAN BECK	Witney	2:03.27	25-29
30-34	ADAM WOODS	Oxford	2:33.09	PETER DISPAINE	CMK	2:52.10	IAN BECK	Witney	2:14.61	ADAM WOODS	Oxford	2:28.89	IAN BECK	Witney	2:01.07	30-34
35-39	PETER MASTERS	CMK	2:44.85	MATTHEW GOMEZ	Oxford	2:49.79	IAN BECK	Witney	2:20.81	PETER DISPAINE	CMK	2:30.68	PETER DISPAINE	CMK	2:11.15	35-39
40-44	THOMAS McMANUS	CMK	3:33.78	RUSSELL SIMPSON	Aylesbury 04-Jun-05	3:01.53	MATTHEW GOMEZ	Oxford 21-Jun-08	2:36.12	TIM ROYAL	Oxford	2:46.85	MATTHEW GOMEZ	Oxford 22-Jun-08	2:10.87	40-44
45-49	ROMAN WALCZAK	Oxford	2:54.41	TOM MORROW	CMK 04-Jun-05	2:56.67				TOM MORROW	CMK 23-Jan-05	2:53.08	NIGEL WOODS	Newpor 11-Feb-07	2:35.72	45-49
50-54	ROMAN WALCZAK	Oxford	2:57.87	TOM MORROW	CMK 15-Jun-07	2:56.65				TOM MORROW	CMK 24-Mar-07	2:49.72	PETER ILES	CMK	2:36.66	50-54
55-59	CHRIS SCOTCHER	Oxford	3:24.44				DAVID HALL	Witney	3:59.30	CHRIS SCOTCHER	Oxford	3:25.91	CHRIS SCOTCHER	Oxford	2:52.94	55-59
60-64	BRIAN REED	Witney	3:54.26	BRIAN REED	Oxford	3:42.39	DAVID HALL	Oxford 25-Apr-04	4:03.37	BRIAN REED	Witney	3:31.05	BRIAN REED	Witney	2:55.77	60-64
65-69	DAVID HALL	Witney 24-Jan-09	3:51.02	BRIAN REED	Oxford	3:54.89	DAVID HALL	Witney 02-Feb-08	3:54.28	BRIAN REED	Oxford	3:35.04	BRIAN REED	Oxford	2:58.40	65-69
70-74	GORDON CHAPMAN	Bicester	5:48.29	GORDON CHAPMAN	Bicester	5:03.24	GORDON CHAPMAN	Bicester	6:28.82	GORDON CHAPMAN	Bicester	5:11.64	GORDON CHAPMAN	Bicester	4:30.90	70-74
400																
	ALAN MERRY	CMK	5:38.73										GARETH LLEWELLYN	CMK	4:55.58	18-24
	MATTHEW GOMEZ	Oxford	5:38.52										IAN BECK	Witney	4:26.70	25-29
	ADAM WOODS	Oxford	5:25.19										IAN GEORGE	Witney	5:46.61	30-34
	MATTHEW GOMEZ	Oxford	5:31.38										IAN BECK	Witney	4:45.92	35-39
	JONATHAN SCOPES	CMK	6:40.89										MATTHEW GOMEZ	Oxford 24-Jan-09	4:49.05	40-44
	TOM MORROW	CMK	6:24.72										NIGEL WOODS	Newpor 11-Feb-07	5:32.77	45-49
													PETER ILES	CMK	5:47.34	50-54
	DAVID HALL	Witney 06-Jun-99	7:59.75										CHRIS SCOTCHER	Oxford	6:12.96	55-59
	DAVID HALL	Oxford 25-Apr-04	8:23.71										CHRIS SCOTCHER	Oxford 12-May-07	6:21.76	60-64
	DAVID HALL	Witney 17-Jun-07	7:57.70										DAVID HALL	Witney 25-Jan-09	6:42.64	65-69
	GORDON CHAPMAN	Bicester	11:21.66										GORDON CHAPMAN	Bicester	9:51.78	70-74
800																
	ALAN MERRY	CMK	10:26.01													18-24
	NICK ROBINSON	CMK	10:18.35										JEREMY FINCH	Oxford 20-Jan-01	10:44.16	30-34
	IAN BECK	Witney	10:06.80										IAN BECK	Witney	10:06.80	35-39
	ANDY WRIGHT	CMK	12:08.49										MIKE WHITWORTH	Oxford 22-Jan-05	11:35.45	45-49
	PETER ILES	CMK 24-Mar-07	12:07.42										PETER ILES	CMK 24-Mar-07	12:07.42	50-54
	CHRIS SCOTCHER	Oxford 05-Oct-01	12:43.06										CHRIS SCOTCHER	Oxford 21-Jan-06	13:17.42	60-64
	DAVID HALL	Witney 24-Jan-09	13:33.99										DAVID HALL	Witney 24-Jan-09	13:33.99	65-69
																70-74
1500																
	ALAN MERRY	CMK	20:29.55													18-24
	IAN BECK	Witney	17:57.09													25-29
																30-34
	PETER DISPAINE	CMK	19:13.43													35-39
	PAUL CROOKS	Witney	23:13.35													40-44
	JONATHAN SCOPES	CMK	23:06.84													45-49
	PETER ILES	CMK	23:23.54													50-54
	DAVID HALL	Witney	27:02.46													55-59
	BRIAN REED	Oxford	27:10.97													60-64
	DAVID HALL	Witney 20-Jun-08	26:09.18													65-69

OXON & N.BUCKS COUNTIES LADIES 'MASTERS' LONG COURSE RECORDS AS AT 19 MAY 2009

50	BACK	BREAST	FLY	I.M	FREE	50
19-24	SAMANTHA HAMMOND CMK 35.49	KATIE MITCHELL CMK 39.03	SAMANTHA HAMMOND CMK 33.78		SAMANTHA HAMMOND CMK 31.33	19-24
25-29	RACHEL WHATTON Wantage 35.20	JENNY LUNN Oxford 40.71	JANETTE CARDY Oxford 34.61		KATHRYN FLETCHER Oxford 25-Mar-07 30.67	25-29
30-34	JOANNE MINION CMK 36.20	SHEELAH TURNER CMK 38.26	KAREN JAMES Oxford 33.76		JULIE GRAHAM CMK 23-Jan-05 29.91	30-34
35-39	JOANNE MINION CMK 37.16	JOANNE MINION CMK 38.66	JOANNE MINION Banbury 34.59		MARIE ROYAL Oxford 23-Apr-04 29.75	35-39
40-44	MARGARET SMITH CMK 39.32	KATHERINE SHACKLET Aylesbury 44.60	MARGARET SMITH CMK 27-Mar-04 34.65		MARIE ROYAL Oxford 04-Jun-05 29.31	40-44
45-49	SUSAN CUMMINGS Bicester 41.56	SHEENA DERRY Witney 44.40	MARGARET SMITH CMK 32.30		MARGARET SMITH CMK 23-Jan-05 30.99	45-49
50-54	ANNETTE THATCHER CMK 41.70	ROTRAUD PALMER Oxford 43.10	LYNNE TANNER Witney 40.33		ANNETTE THATCHER CMK 34.38	50-54
55-59	LYNNE TANNER Witney 13-Nov-04 39.50	ROTRAUD PALMER Oxford 44.42	LYNNE TANNER Witney 22-Jul-05 37.53		SUE CUMMINGS Bicester 13-May-06 39.36	55-59
60-64	ROTRAUD PALMER Oxford 44.05	ROTRAUD PALMER Oxford 45.06	LYNNE TANNER Witney 15-Jun-07 41.06		ROTRAUD PALMER Oxford 40.55	60-64
65-69	ROTRAUD PALMER Oxford 13-May-06 44.91	ROTRAUD PALMER Oxford 13-May-06 45.16	ROTRAUD PALMER Oxford 13-May-06 45.31		JANET MASTERS CMK 25-Mar-07 43.90	65-69
70-74						70-74
100						100
19-24	JOANNE EATON Witney 1:18.86	KATIE MITCHELL CMK 1:28.10	SARAH W-HOWKINS Bicester 1:18.96		MICHELLE HOUSE Oxford 13-May-06 1:07.27	19-24
25-29	LORNA SAINSBURY CMK 1:24.11	JENNY LUNN Oxford 1:30.51	SARAH W-HOWKINS Bicester 1:18.65		KATHRYN FLETCHER Oxford 03-Feb-08 1:08.15	25-29
30-34	ANITA KING CMK 1:21.38	JOANNE MINION CMK 1:24.95	KAREN JAMES Oxford 1:16.34		JULIE GRAHAM CMK 23-Jan-05 1:06.53	30-34
35-39	URSULA SCHULZ Oxford 1:23.37	JOANNE MINION CMK 1:25.89	URSULA SCHULZ Oxford 1:18.86		MARIE ROYAL Oxford 25-Apr-04 1:02.10	35-39
40-44	BELINDA COMERFORD CMK 1:30.30	KATHERINE SHACKLET CMK 1:38.39	MARGARET SMITH CMK 24-Apr-04 1:16.34		MARIE ROYAL Oxford 04-Jun-05 1:02.34	40-44
45-49	SUSAN CUMMINGS Bicester 1:32.19	CHRISTINE AYERS CMK 1:41.12	MARGARET SMITH CMK 1:12.79		MARGARET SMITH CMK 23-Jan-05 1:07.71	45-49
50-54	SUE CUMMINGS Bicester 1:34.19	ANNETTE THATCHER CMK 1:36.39	LYNNE TANNER Witney 1:36.18		ANNETTE THATCHER CMK 1:19.49	50-54
55-59	LYNNE TANNER Witney 12-Nov-04 1:29.31	CHRISTINE AYERS CMK 10-Feb-08 1:37.02	LYNNE TANNER Witney 13-Nov-04 1:30.44		ROTRAUD PALMER Oxford 1:29.15	55-59
60-64	LYNNE TANNER Witney 16-Jun-07 1:36.14	ROTRAUD PALMER Oxford 13-May-06 1:40.70	LYNNE TANNER Witney 17-Jun-07 1:42.56		JANET MASTERS CMK 1:34.29	60-64
65-69	JANET MASTERS CMK 25-Mar-07 1:53.27				IRIS BELLIS CMK 10-Feb-08 1:48.33	65-69
70-74						70-74
200						200
19-24	AMY DAVIES Oxford 2:37.82	HELEN TAPPIN Witney 3:24.12	URSULA SCHULZ Oxford 2:59.03	JULIE GRAHAM CMK 3:01.76	AMY DAVIES Oxford 2:21.86	19-24
25-29	KATHRYN SAKER Witney 3:07.22	URSULA SCHULZ Oxford 3:15.83	URSULA SCHULZ Oxford 3:02.39	JOANNE MINION CMK 2:42.65	KATHRYN FLETCHER Oxford 25-Mar-07 2:32.34	25-29
30-34	URSULA SCHULZ Oxford 3:00.81	URSULA SCHULZ Oxford 3:16.35	MARGARET SMITH CMK 2:49.89	URSULA SCHULZ Oxford 2:48.63	JULIE GRAHAM CMK 23-Jan-05 2:26.46	30-34
35-39	URSULA SCHULZ Oxford 3:01.23	SHEENA DERRY Witney 3:38.51	MARGARET SMITH CMK 2:51.36	JENNIE BAYLISS Maxwell 19-Jun-98 3:35.78	MARIE ROYAL Oxford 24-Apr-04 2:15.44	35-39
40-44		CHRISTINE AYERS CMK 3:35.46	LYNNE TANNER Witney 3:46.80	LYNNE TANNER Witney 3:29.37	MARIE ROYAL Oxford 05-Jun-05 2:16.36	40-44
45-49	SUSAN CUMMINGS Bicester 3:27.48	ANNETTE THATCHER CMK 3:37.35		ANNETTE THATCHER CMK 3:29.27	MARGARET SMITH CMK 24-Apr-04 2:26.20	45-49
50-54	LYNNE TANNER Witney 3:28.01	ROTRAUD PALMER Oxford 3:39.45	JANET MASTERS CMK 4:14.10	LYNNE TANNER Witney 14-Nov-04 3:16.70	CHRISTINE AYRES CMK 25-Mar-07 3:04.57	50-54
55-59	LYNNE TANNER Witney 23-Apr-04 3:16.83			ANNETTE THATCHER CMK 3:29.27	CHRISTINE AYRES CMK 10-Feb-08 2:58.76	55-59
60-64	LYNNE TANNER Witney 16-Jun-07 3:29.97			LYNNE TANNER Witney 14-Nov-04 3:16.70	ROTRAUD PALMER Oxford 3:20.66	60-64
65-69				ROTRAUD PALMER Oxford 3:37.35	IRIS BELLIS CMK 10-Feb-08 3:46.89	65-69
70-74						70-74
						400
				URSULA SCHULZ Oxford 6:06.24	AMY DAVIES Oxford 4:50.96	19-24
				URSULA SCHULZ Oxford 6:13.59	JULIE GRAHAM CMK 5:29.39	25-29
					JOANNE MINION CMK 5:13.53	30-34
					URSULA SCHULZ Oxford 5:17.09	35-39
					MARGARET SMITH CMK 5:10.38	40-44
				LYNNE TANNER Witney 7:43.79	MARGARET SMITH CMK 23-Jan-05 5:10.55	45-49
				LYNNE TANNER Witney 7:29.40	CHRISTINE AYRES CMK 25-Mar-07 6:24.52	50-54
				LYNNE TANNER Witney 7:18.59	CHRISTINE AYRES CMK 10-Feb-08 6:14.14	55-59
				LYNNE TANNER Witney 17-Jun-07 7:21.44	ROTRAUD PALMER Oxford 20-Jan-01 6:52.83	60-64
					ROTRAUD PALMER Oxford 21-Jan-06 7:12.12	65-69
						70-74
						800
					KATHRYN SAKER Witney 12:27.81	19-24
					JENNY LUNN Oxford 25-Jan-03 11:46.21	25-29
					JOANNE MINION CMK 11:04.97	30-34
					URSULA SCHULZ Oxford 10:53.73	35-39
					MARGARET SMITH CMK 10:45.23	40-44
					MARGARET SMITH CMK 11:02.45	45-49
					CHRISTINE AYERS CMK 13:38.48	50-54
					LYNNE TANNER Witney 25-Jan-03 13:25.18	55-59
					ROTRAUD PALMER Oxford 25-Jan-03 14:23.61	60-64
					IRIS BELLIS CMK 03-Feb-08 16:09.60	65-69
						70-74
						1500
					KATHRYN SAKER Witney 23:21.96	19-24
					CHARLOTTE RENOWDE Witney 26:54.48	25-29
					URSULA SCHULZ Oxford 20:59.69	30-34
					URSULA SCHULZ Oxford 20:54.54	35-39
					MARGARET SMITH CMK 20:37.22	40-44
					MARGARET SMITH CMK 21:28.04	45-49
					LYNNE TANNER Witney 27:49.61	50-54
					BARBARA LEGG Bicester 29:35.03	55-59
						60-64
						65-69

OXON & N.BUCKS COUNTIES

MENS 'MASTERS' SHORT COURSE RECORDS AS AT 19 MAY 2009

50	BACK	BREAST	FLY	I.M	FREE	50
18-24	ADAM VALENTA Oxford 24-Nov-07 28.52	PETER WILLIAMS Oxford 01-Nov-02 30.47	CHRIS MARSH Bicester 28-Oct-05 27.41		DAVID SMITH Maxwell 28-Oct-07 24.69	18-24
25-29	JONATHAN SADLER Witney 28-Mar-98 28.82	CHRISTOPHER AUST Oxford 25-Oct-08 29.98	JONATHAN SADLER Witney 23-Oct-99 26.21		JEREMY BIRDS Oxford 29-Jun-03 23.59	25-29
30-34	DAVID DENNY Oxford 26-Oct-08 29.07	MATTHEW GOMEZ Oxford 21-Apr-96 32.66	IAN BECK Witney 27-Oct-96 26.09		IAN BECK Witney 27-Oct-96 24.15	30-34
35-39	DAREN HASELDINE Newport Pagn 23-Mar-02 32.07	MATTHEW GOMEZ Oxford 16-Nov-02 32.72	IAN BECK Witney 29-Apr-00 27.54		MATTHEW GOMEZ Oxford 15-Nov-03 25.79	35-39
40-44	RUSSELL SIMPSON Aylesbury 18-Jun-06 32.44	MATTHEW GOMEZ Oxford 29-Oct-06 32.25	STEVEN WALL Wantage 08-Apr-95 28.53		STEVEN WALL Wantage 21-Apr-96 26.63	40-44
45-49	ROMAN WALCZAK Abingdonvale 12-Nov-00 32.76	TOM MORROW CMK 30-Oct-04 35.06	STEVEN WALL Oxford 25-Oct-03 28.50		STEVEN WALL Oxford 15-Nov-03 26.53	45-49
50-54	ROMAN WALCZAK Oxford 08-Mar-03 33.03	TOM MORROW CMK 25-Oct-08 35.64	STEVEN WALL Oxford 16-May-04 Br 28.99		ROMAN WALCZAK Oxford 29-Apr-07 29.09	50-54
55-59	ROMAN WALCZAK Oxford 26-Oct-08 33.69	JON BOLTON Kidlington 29-Apr-07 39.29	PETER ILES CMK 23-Feb-08 34.17		ROMAN WALCZAK Oxford 24-Oct-08 29.77	55-59
60-64	BRIAN REED Witney 14-Dec-97 40.20	BRIAN REED Witney 12-Nov-00 40.61	DAVID HALL Oxford 03-Dec-06 37.18		BRIAN REED Witney 05-Dec-99 31.71	60-64
65-69	BRIAN REED Oxford 02-Mar-02 43.34	BRIAN REED Oxford 02-Mar-02 42.73	DAVID HALL Witney 28-Apr-07 38.08		BRIAN REED Oxford 02-Mar-02 33.21	65-69
70-74	BRIAN REED Oxford 05-Oct-08 49.96	BRIAN REED Oxford 05-Oct-08 46.58	BRIAN REED Oxford 07-Mar-09 41.28		BRIAN REED Oxford 05-Oct-08 34.80	70-74
75-79	GORDON CHAPMAN Bicester 29-Apr-07 1:20.80	GORDON CHAPMAN Bicester 29-Apr-07 1:12.74	GORDON CHAPMAN Bicester 29-Apr-07 1:24.48		GORDON CHAPMAN Bicester 29-Apr-07 59.78	75-79

100	BACK	BREAST	FLY	I.M	FREE	100
18-24	CHRIS AUST Kidlington 18-Jun-06 1:05.14	PETER WILLIAMS Oxford 03-Nov-02 1:05.46	MICHAEL ADAIR Witney 30-Oct-05 1:02.65	PETER WILLIAMS Oxford 02-Nov-02 1:00.51	CHRIS MARSH Bicester 29-Apr-07 56.21	18-24
25-29	PETER WILLIAMS Oxford 29-Apr-07 1:03.47	PETER WILLIAMS Oxford 29-Oct-05 1:06.93	IAN BECK Witney 22-Oct-93 58.51	PETER WILLIAMS Oxford 30-Oct-05 1:00.21	CHRISTOPHER AUST Oxford 25-Oct-08 53.71	25-29
30-34	DAVID DENNY Oxford 24-Oct-08 1:02.91	MATTHEW GOMEZ Oxford 03-Dec-00 1:13.29	IAN BECK Witney 18-Oct-95 Br 57.65	IAN BECK Witney 05-Apr-97 1:02.42	IAN BECK Witney 05-Apr-00 52.78	30-34
35-39	PETER MASTERS CMK 24-Oct-98 1:10.33	MATTHEW GOMEZ Oxford 18-May-03 1:11.15	IAN BECK Witney 29-Apr-00 59.96	PETER DISPAINE CMK 14-Mar-98 1:04.58	PETER DISPAINE CMK 14-Mar-98 56.66	35-39
40-44	DAREN HASELDINE Newport Pagn 18-Jun-06 1:12.52	MATTHEW GOMEZ Oxford 26-Oct-07 1:12.22	MATTHEW GOMEZ Oxford 27-Oct-07 1:02.41	MATTHEW GOMEZ Oxford 26-Oct-08 1:05.49	MATTHEW GOMEZ Oxford 07-Sep-08 59.34	40-44
45-49	ROMAN WALCZAK Abingdonvale 28-Oct-00 1:12.57	TOM MORROW CMK 31-Oct-04 1:16.19	STEVEN WALL Oxford 29-Jun-03 1:04.99	TOM MORROW CMK 05-Mar-05 1:15.00	STEVEN WALL Oxford 25-Oct-03 58.20	45-49
50-54	ROMAN WALCZAK Oxford 18-May-03 1:14.01	TOM MORROW CMK 21-Apr-06 1:17.58	THOMAS MORROW CMK 09-Sep-07 1:15.17	TOM MORROW CMK 28-Oct-06 1:16.05	PETER ILES CMK 30-Oct-04 1:04.63	50-54
55-59	ROMAN WALCZAK Oxford 01-Mar-08 1:15.62	JON BOLTON Kidlington 29-Apr-07 1:27.98	PETER ILES CMK 22-Feb-08 1:24.31	ROMAN WALCZAK Oxford 04-Apr-08 1:19.80	PETER ILES CMK 22-Feb-08 1:07.90	55-59
60-64	BRIAN REED Witney 10-May-97 1:37.86	BRIAN REED Oxford 18-Feb-01 1:33.36	DAVID HALL Oxford 08-Mar-03 1:35.41	BRIAN REED Oxford 01-Feb-98 1:24.09	BRIAN REED Oxford 29-Apr-00 1:13.31	60-64
65-69	BRIAN REED Oxford 01-Dec-02 1:40.80	BRIAN REED Oxford 01-Dec-02 1:37.91	BRIAN REED Oxford 08-May-05 1:35.87	BRIAN REED Oxford 02-Mar-02 1:24.99	BRIAN REED Oxford 02-Mar-02 1:14.11	65-69
70-74	BRIAN REED Oxford 29-Apr-07 1:49.85	BRIAN REED Oxford 05-Oct-08 1:47.08	BRIAN REED Oxford 29-Apr-07 1:45.06	BRIAN REED Oxford 29-Apr-07 1:36.75	BRIAN REED Oxford 05-Oct-08 1:22.11	70-74
75-79			GORDON CHAPMAN Bicester 29-Apr-07 2:15.35	GORDON CHAPMAN Bicester 29-Apr-07 2:32.34	GORDON CHAPMAN Bicester 29-Apr-07 2:15.35	75-79

200	BACK	BREAST	FLY	I.M	FREE	200
18-24	JAMES BEECHEY CMK 27-Apr-02 2:31.76	GRAHAM CABLE Witney 17-May-03 2:32.06	ALAN MERRY CMK 01-Nov-02 2:25.77	GRAHAM CABLE Witney 17-May-03 2:18.48	GRAHAM CABLE Witney 11-May-03 2:00.44	18-24
25-29	MARTIN WEST CMK 09-May-98 2:37.16	MATTHEW GOMEZ Oxford pre.1997 2:33.93	IAN BECK Witney pre.1994 2:08.24	MARTIN WEST CMK 10-May-97 2:26.95	IAN BECK Witney 22-Oct-95 1:57.43	25-29
30-34	ADAM WOODS Oxford 16-Apr-05 2:22.91	PETER DISPAINE CMK 25-Oct-97 2:40.74	IAN BECK Witney 05-Jul-96 GB 2:05.73	MARCUS SIMKINS Oxford 30-Oct-04 2:13.49	IAN BECK Witney 23-Oct-96 1:55.35	30-34
35-39	PETER MASTERS CMK 11-May-97 2:35.22	MATTHEW GOMEZ Oxford 17-May-03 2:38.43	IAN BECK Witney 30-Apr-00 Eu 2:11.74	PETER DISPAINE CMK 10-May-98 2:20.67	PETER DISPAINE CMK 10-May-98 2:04.67	35-39
40-44	MATTHEW GOMEZ Oxford 07-Mar-09 2:38.90	MATTHEW GOMEZ Oxford 24-Oct-08 2:40.72	MATTHEW GOMEZ Oxford 28-Oct-07 2:26.17	MATTHEW GOMEZ Oxford 28-Oct-07 2:25.70	MATTHEW GOMEZ Oxford 26-Oct-08 2:09.33	40-44
45-49	ROMAN WALCZAK Oxford 21-Oct-01 2:44.40	TOM MORROW CMK 30-Oct-04 2:47.20		TOM MORROW CMK 10-Jul-05 2:46.44	JONATHON SCOPES CMK 28-Apr-02 2:28.20	45-49
50-54	ROMAN WALCZAK Oxford 17-May-03 2:47.72	TOM MORROW CMK 27-Oct-07 2:51.08		TOM MORROW CMK 28-Oct-07 2:47.97	PETER ILES CMK 17-Apr-05 2:25.05	50-54
55-59	ROMAN WALCZAK Oxford 01-Mar-08 2:50.80		TOM MORROW CMK 22-Jul-07 2:55.38	ROMAN WALCZAK Oxford 26-Oct-08 3:02.39	PETER ILES CMK 23-Feb-08 2:32.03	55-59
60-64	CHRIS SCOTCHER Oxford 20-Oct-07 3:34.11	BRIAN REED Oxford 29-Apr-00 3:29.16	DAVID HALL Oxford 29-Oct-04 3:53.81	BRIAN REED Witney 08-Jul-00 3:18.98	BRIAN REED Witney 06-Feb-00 2:45.28	60-64
65-69	GORDON CHAPMAN Bicester 29-Apr-00 5:16.30	BRIAN REED Oxford 26-Oct-02 3:40.90	DAVID HALL Oxford 21-Sep-07 3:54.79	BRIAN REED Oxford 01-Dec-02 3:22.82	BRIAN REED Oxford 26-Oct-02 2:49.75	65-69
70-74	GORDON CHAPMAN Bicester 27-Apr-02 5:30.20	BRIAN REED Oxford 29-Apr-07 4:04.22	GORDON CHAPMAN Bicester 28-Apr-02 6:08.57	GORDON CHAPMAN Bicester 27-Apr-02 4:54.79	BRIAN REED Oxford 20-Oct-07 3:13.30	70-74
75-79						75-79

400	BACK	BREAST	FLY	I.M	FREE	400
18-24				ALAN MERRY CMK 02-Nov-02 5:17.08	GARETH LLEWELLYN CMK 25-Oct-03 4:36.46	18-24
25-29				ALAN MERRY CMK 24-Oct-03 5:16.90	IAN BECK Witney 22-Oct-93 4:08.41	25-29
30-34				ADAM WOODS Oxford 09-Nov-02 5:03.92	IAN GEORGE Witney 09-May-97 5:25.78	30-34
35-39				MATTHEW GOMEZ Oxford 08-Nov-03 5:09.91	IAN BECK Witney 04-Jun-00 Br 4:27.10	35-39
40-44				MATTHEW GOMEZ Oxford 27-Oct-07 5:19.93	JONATHON SCOPES CMK 28-Apr-00 5:17.99	40-44
45-49				TOM MORROW CMK 27-Jul-03 6:01.47	JONATHON SCOPES CMK 02-Nov-02 5:24.17	45-49
50-54					PETER ILES CMK 25-Oct-03 5:26.51	50-54
55-59				DAVID HALL Witney 06-Jun-99 7:59.75	PETER ILES CMK 04-Apr-08 5:33.14	55-59
60-64				DAVID HALL Oxford 31-Oct-04 8:15.99	BRIAN REED Witney 08-May-98 6:06.53	60-64
65-69				DAVID HALL Oxford 27-Oct-07 7:58.90	BRIAN REED Oxford 18-May-03 6:21.66	65-69
70-74				GORDON CHAPMAN Bicester 02-Feb-02 10:44.40	GORDON CHAPMAN Bicester 02-Feb-02 9:19.55	70-74
75-79						75-79

800	RELAYS	RELAYS	RELAYS	RELAYS	RELAYS	800
	4 X 25 FREESTYLE	4 X 25 MEDLEY	4 X 25 MIXED MEDLEY			
72 +	CITY OF MILTON KEYNES 07-Feb-04 50.63	CITY OF MILTON KEYNES 05-Feb-05 55.81			ALAN MERRY CMK 01-Nov-02 9:46.44	18-24
100 +	WITNEY & DISTRICT 09-Feb-02 50.55	CITY OF MILTON KEYNES 08-Feb-03 57.37			NICK ROBINSON CMK 24-Jul-98 9:38.80	25-29
120 +	CITY OF MILTON KEYNES 14-Mar-98 49.33	CITY OF MILTON KEYNES 01-Feb-98 56.68			JEREMY FINCH Oxford 20-Jan-01 10:44.16	30-34
140 +	CITY OF MILTON KEYNES 08-Feb-03 50.49	CITY OF MILTON KEYNES 08-Feb-03 57.42			IAN BECK Witney 04-Jun-00 Br 9:27.77	35-39
160 +	CITY OF OXFORD 02-Mar-02 51.45	CITY OF OXFORD 02-Mar-02 57.83			ANDY WRIGHT CMK 27-Jul-02 11:25.28	40-44
180 +	CITY OF MILTON KEYNES 14-Apr-07 54.16	CITY OF MILTON KEYNES 08-Feb-03 59.75	WITNEY & DISTRICT 10-Jul-99 1:14.95		PETER ILES CMK 01-Nov-02 11:26.87	45-49
200 +	CITY OF OXFORD 02-Mar-02 54.50	CITY OF OXFORD 03-Mar-07 1:00.71	WITNEY & DISTRICT 10-Jul-99 1:13.91		PETER ILES CMK 20-Feb-04 11:17.20	50-54
220 +					CHRIS SCOTCHER Oxford 05-Oct-01 12:43.06	55-59
240 +					BRIAN REED Oxford 01-Dec-01 13:39.29	60-64
					DAVID HALL Oxford 21-Jul-07 13:23.48	65-69
						70-74
						75-79

1500	RELAYS	RELAYS	RELAYS	RELAYS	RELAYS	1500
	4 X 50 FREESTYLE	4 X 50 MEDLEY	4 X 50 MIXED MEDLEY			
72 +	CITY OF MILTON KEYNES 16-May-04 1:48.10	CITY OF MILTON KEYNES 15-May-04 2:02.17	CITY OF OXFORD 29-Apr-07 2:06.13		ALAN MERRY CMK 24-Nov-02 19:13.05	18-24
100 +	CITY OF OXFORD 25-Apr-09 1:42.29	CITY OF MILTON KEYNES 30-Apr-00 2:08.00	CITY OF OXFORD 27-Oct-07 2:01.98		IAN BECK Witney pre.1993 16:45.46	25-29
120 +	CITY OF OXFORD 26-Oct-08 1:39.23	CITY OF OXFORD 28-Oct-07 1:53.23	CITY OF MILTON KEYNES 10-May-98 2:08.56			30-34
140 +	CITY OF OXFORD 27-Oct-01 1:48.95	CITY OF OXFORD 27-Oct-01 2:02.58	CITY OF MILTON KEYNES 28-Oct-06 2:08.77		PETER DISPAINE CMK 25-Oct-98 17:59.66	35-39
160 +	CITY OF OXFORD 07-Oct-01 1:52.25	CITY OF OXFORD 07-Oct-01 2:04.80	CITY OF OXFORD 27-Oct-07 2:00.97		PAUL CROOKS Witney 29-Nov-98 21:52.05	40-44
180 +	WITNEY & DISTRICT 21-Sep-97 2:05.25	WITNEY & DISTRICT 21-Sep-97 2:36.09	CITY OF MILTON KEYNES 18-Jun-06 2:25.95		JONATHAN SCOPES CMK 01-Nov-02 21:56.03	45-49
200 +	CITY OF OXFORD 28-Oct-07 1:58.00	CITY OF OXFORD 27-Oct-01 2:19.04	CITY OF MILTON KEYNES 06-May-06 2:20.86		PETER ILES CMK 24-Oct-03 22:01.71	50-54
220 +					DAVID HALL Witney 06-Dec-97 25:34.15	55-59
240 +					BRIAN REED Oxford 01-Dec-01 25:42.35	60-64
					DAVID HALL Oxford 24-Nov-07 25:34.15	65-69
						70-74
						75-79

OXON & N.BUCKS COUNTIES

LADIES 'MASTERS' SHORT COURSE RECORDS AS AT 19 MAY 2009

50	BACK			BREAST			FLY			I.M			FREE			50				
18-24	SUSANNA PRINCE	Oxford	29-Apr-07	32.20	KATIE MITCHELL	CMK	21-Jun-03	36.43	CLAIRE EVELYN	Newport	24-Nov-07	30.96					CLAIRE EVELYN	Newport	29-Apr-07	27.92
25-29	RACHEL WHATTON	Wantage	21-Apr-06	33.09	KATIE MITCHELL	CMK	06-Feb-05	37.09	JANETTE CARDY	Oxford	14-Dec-97	32.45					JULIE GRAHAM	CMK	30-Apr-00	29.30
30-34	JOANNE MINION	CMK	29-Mar-98	34.03	SHEELAH TURNER	CMK	07-Dec-03	35.64	KAREN JAMES	Oxford	21-Sep-97	31.58					JOANNE MINION	CMK	09-May-98	28.74
35-39	JOANNE MINION	CMK	16-Nov-02	34.96	JOANNE MINION	CMK	01-Nov-02	36.01	JOANNE MINION	Banbury	24-Apr-02	32.43					MARIE ROYAL	Oxford	31-Oct-04	28.48
40-44	PATRICIA BENNETT	Oxford	19-Nov-05	35.62	JOANNE MINION	CMK	14-Apr-07	40.19	MARGARET SMITH	CMK	28-Apr-01	32.46					MARIE ROYAL	Oxford	05-Mar-05	28.82
45-49	LESLEY WILDE	Oxford	27-Oct-07	33.27	SHEENA DERRY	Witney	21-Mar-99	41.65	MARGARET SMITH	CMK	30-Oct-04	Br 31.92					MARGARET SMITH	Wantage	15-Nov-03	29.34
50-54	ANNETTE THATCHER	CMK	29-Jun-03	39.31	ROTRAUD PALMER	Oxford	pre 1993	40.34	MARGARET SMITH	CMK	01-Mar-08	34.07					MARGARET SMITH	CMK	01-Mar-08	30.90
55-59	LYNNE TANNER	Witney	26-Oct-03	38.24	ROTRAUD PALMER	Oxford	pre 1997	41.62	LYNNE TANNER	Witney	25-Oct-03	36.45					ANNETTE THATCHER	CMK	22-Sep-07	33.96
60-64	LYNNE TANNER	Witney	29-Apr-07	41.51	ROTRAUD PALMER	Oxford	31-Mar-01	Eu 42.28	LYNNE TANNER	Witney	26-Oct-07	39.69					ROTRAUD PALMER	Oxford	31-Mar-01	38.14
65-69	ROTRAUD PALMER	Oxford	29-Oct-06	43.50	ROTRAUD PALMER	Oxford	29-Oct-06	43.83	ROTRAUD PALMER	Oxford	03-Dec-06	44.51					JANET MASTERS	CMK	29-Oct-05	39.34
70-74																	JANET MASTERS	CMK	07-Mar-09	1:02.53
																	ENID WAIN	Oxford		70.74

100																100				
18-24	SUSANNA PRINCE	Oxford	29-Apr-07	1:08.73	HOLLY MATTHEWS	Maxwell	26-Oct-07	1:22.06	SARAH W-HOWKINS	Bicester	10-Jun-01	1:14.20	SUSANNA PRINCE	Oxford	29-Apr-07	1:12.95	DEBORAH BEADLE	Oxford	27-Oct-07	1:02.77
25-29	JOANNE EATON	Oxford	05-Mar-05	1:15.11	JENNY LUNN	Oxford	29-Jun-03	1:24.69	SARAH W-HOWKINS	Bicester	18-Jun-06	1:12.30	JANETTE CARDY	Oxford	20-Mar-99	1:14.52	EVA HOFFMAN	Oxford	10-Jun-01	1:04.03
30-34	ANITA KING	CMK	01-Dec-02	1:16.60	SHEELAH TURNER	CMK	16-May-04	1:18.97	KAREN JAMES	Oxford	21-Sep-97	1:11.56	JOANNE MINION	CMK	14-Mar-98	1:10.80	JOANNE MINION	CMK	09-May-98	1:03.12
35-39	URSULA SCHULZ	Oxford	07-Dec-03	1:18.53	JOANNE MINION	CMK	02-Nov-02	1:20.18	URSULA SCHULZ	Oxford	29-Jun-03	1:14.07	JOANNE MINION	CMK	02-Nov-02	1:14.35	MARIE ROYAL	Oxford	30-Oct-04	Gb 1:01.12
40-44	PATRICIA BENNETT	Oxford	05-Mar-05	1:18.69	JOANNE MINION	CMK	17-Apr-05	1:26.11	MARGARET SMITH	CMK	08-Sep-02	1:11.62	MARIA ROYAL	Oxford	05-Mar-05	1:15.28	MARIE ROYAL	Oxford	19-Feb-05	Gb 1:01.83
45-49	LESLEY WILDE	Oxford	28-Oct-07	1:12.77	CHRISTINE AYERS	CMK	09-Sep-01	1:35.02	MARGARET SMITH	CMK	30-Oct-04	Eu 1:10.40	PENELOPE HOGAN	Aylesbury	29-Apr-07	1:30.39	MARGARET SMITH	CMK	30-Oct-04	Gb 1:03.87
50-54	SUE CUMMINGS	Bicester	07-Dec-03	1:28.90	ANNETTE THATCHER	CMK	05-Dec-04	1:29.90	MARGARET SMITH	Oxford	25-Apr-09	1:17.61	ANNETTE THATCHER	CMK	31-Oct-04	1:23.60	MARGARET SMITH	Oxford	25-Apr-09	1:08.95
55-59	LYNNE TANNER	Witney	26-Oct-03	1:25.97	ROTRAUD PALMER	Oxford	14-Mar-98	1:32.74	LYNNE TANNER	Witney	19-Sep-04	1:26.94	ROTRAUD PALMER	Oxford	14-Dec-97	1:26.56	CHRISTINE AYERS	CMK	25-Oct-08	1:17.75
60-64	ROTRAUD PALMER	Oxford	02-Mar-02	1:32.23	ROTRAUD PALMER	Oxford	10-Jun-01	1:34.64	LYNNE TANNER	Witney	27-Oct-07	1:35.06	ROTRAUD PALMER	Oxford	29-Apr-01	1:28.68	LYNNE TANNER	Witney	26-Apr-09	1:26.41
65-69	ROTRAUD PALMER	Oxford	07-Mar-09	1:41.37	ROTRAUD PALMER	Oxford	03-Dec-06	1:41.76	JANET MASTERS	CMK	27-Oct-07	1:52.09	ROTRAUD PALMER	Oxford	28-Oct-06	1:34.00	JANET MASTERS	CMK	29-Oct-05	1:33.92
70-74																	ENID WAIN	Oxford	07-Mar-09	2:17.61

200																200				
18-24	SARAH TURNER	Maxwell	28-Oct-07	2:25.19	HOLLY MATTHEWS	Maxwell	27-Oct-07	2:57.87	LOUISA CABLE	Witney	16-May-04	2:54.67	ROWENA BRIGHTON	Oxford	03-Dec-06	2:43.91	AMY DAVIES	Oxford	02-Nov-02	2:12.51
25-29	JOANNE EATON	Oxford	25-Oct-08	2:43.67	SARAH W-HOWKINS	Bicester	16-Apr-05	3:09.67	SARAH W-HOWKINS	Bicester	16-Apr-05	2:44.74	SARAH W-HOWKINS	Bicester	16-Apr-05	2:46.99	JULIE GRAHAM	CMK	24-Oct-98	2:24.95
30-34	JOANNE EATON	Oxford	25-Apr-09	2:44.85	URSULA SCHULZ	Oxford	26-Oct-02	3:03.62	URSULA SCHULZ	Oxford	28-Jul-02	2:48.79	JOANNE MINION	CMK	09-May-98	2:32.34	SHEELAH TURNER	CMK	29-Jun-03	2:19.45
35-39	URSULA SCHULZ	Oxford	18-Oct-03	2:51.01	URSULA SCHULZ	Oxford	18-Oct-03	3:04.17	URSULA SCHULZ	Oxford	27-Sep-03	2:51.97	URSULA SCHULZ	Oxford	25-Oct-03	2:38.08	MARIE ROYAL	Oxford	05-Dec-04	2:12.44
40-44	LESLEY WILDE	Oxford	28-Oct-07	2:37.80	SHEENA DERRY	Witney	10-May-97	3:25.51	MARGARET SMITH	CMK	20-Oct-01	2:39.82	JOANNE MINION	CMK	17-Apr-05	2:46.60	MARIE ROYAL	Oxford	18-Feb-05	Eu/Gb 2:13.60
45-49	LYNNE TANNER	Witney	21-Oct-01	3:16.58	CHRISTINE AYERS	CMK	09-Sep-01	3:23.63	MARGARET SMITH	CMK	29-Oct-04	Eu 2:38.18	LESLEY WILDE	Oxford	28-Oct-07	2:41.31	MARGARET SMITH	CMK	26-Oct-03	Gb 2:19.77
50-54	LYNNE TANNER	Witney	31-Oct-04	3:14.32	CHRISTINE AYERS	CMK	30-Oct-04	3:22.91	LYNNE TANNER	Witney	10-May-97	3:34.32	ANNETTE THATCHER	CMK	05-Dec-04	3:10.65	CHRISTINE AYERS	CMK	18-Feb-05	2:52.70
60-64	ROTRAUD PALMER	Oxford	17-May-03	3:23.28	CHRISTINE AYERS	CMK	24-Oct-08	3:22.50	JANET MASTERS	CMK	20-Oct-01	4:01.05	LYNNE TANNER	Witney	16-May-04	3:11.19	CHRISTINE AYERS	CMK	05-Oct-08	2:49.32
65-69					IRIS BELLIS	CMK	23-Feb-08	4:37.03					LYNNE TANNER	Witney	28-Oct-07	3:19.57	ROTRAUD PALMER	Oxford	27-Oct-01	3:09.00
70-74																	IRIS BELLIS	CMK	25-Apr-08	3:45.22

400																400				
18-24																	AMY DAVIES	Oxford	02-Nov-02	4:31.96
25-29																	JULIE GRAHAM	CMK	25-Oct-98	5:09.06
30-34													URSULA SCHULZ	Oxford	28-Jul-02	5:43.68	MARIE ROYAL	Oxford	08-May-98	4:53.78
35-39													URSULA SCHULZ	Oxford	27-Jul-03	5:50.77	MARIE ROYAL	Oxford	30-Oct-04	4:52.07
40-44																	MARGARET SMITH	CMK	27-Oct-00	Eu 4:50.83
45-49													LESLEY WILDE	Witney	27-Oct-07	5:31.00	MARGARET SMITH	CMK	25-Oct-03	Eu 4:54.55
50-54													LYNNE TANNER	Witney	25-Oct-97	7:03.62	CHRISTINE AYERS	CMK	30-Oct-04	6:01.23
55-59													LYNNE TANNER	Witney	24-Oct-03	6:52.85	CHRISTINE AYERS	CMK	25-Oct-08	5:57.29
60-64													LYNNE TANNER	Witney	27-Oct-07	7:08.88	LYNNE TANNER	Witney	29-Mar-09	6:38.21
65-69																	IRIS BELLIS	CMK	25-Apr-08	7:38.04
70-74																				70.74

RELAYS															800			
4 X 25 FREESTYLE				4 X 25 MEDLEY				4 X 25 MIXED FREESTYLE										
72 +	CITY OF MILTON KEYNES	07-Feb-04	56.48	CITY OF MILTON KEYNES	07-Feb-04	1:02.47									KATHRYN SAKER	Witney	23-Nov-02	11:44.08
100 +	CITY OF MILTON KEYNES	05-Feb-05	56.51	CITY OF MILTON KEYNES	08-Feb-03	1:04.43	CITY OF MILTON KEYNES	07-Feb-04	53.87						JENNY LUNN	Oxford	25-Jan-03	11:46.21
120 +	CITY OF OXFORD	03-Mar-07	58.53	CITY OF MILTON KEYNES	01-Mar-08	1:04.74	CITY OF MILTON KEYNES	14-Apr-07	54.60						JOANNE MINION	CMK	24-Jul-98	10:23.85
140 +	CITY OF MILTON KEYNES	08-Feb-03	56.81	CITY OF MILTON KEYNES	08-Feb-03	1:04.07	CITY OF MILTON KEYNES	08-Feb-03	53.55						URSULA SCHULZ	Oxford	26-Oct-03	10:13.20
160 +	CITY OF MILTON KEYNES	05-Feb-05	58.20	CITY OF OXFORD	05-Feb-05	1:09.58	CITY OF MILTON KEYNES	05-Feb-05	54.75						MARGARET SMITH	CMK	13-Oct-00	Eu 10:04.87
180 +	CITY OF MILTON KEYNES	27-May-06	1:00.35	CITY OF MILTON KEYNES	27-May-06	1:09.53	CITY OF MILTON KEYNES	14-Apr-07	55.90						MARGARET SMITH	CMK	22-Feb-03	Gb 10:21.49
200 +	CITY OF MILTON KEYNES	08-Feb-03	1:06.33	CITY OF MILTON KEYNES	08-Feb-03	1:15.79	WITNEY & DISTRICT	10-Jul-99	1:06.65						CHRISTINE AYERS	CMK	28-Oct-07	12:23.67
220 +														CHRISTINE AYERS	CMK	26-Oct-08	12:10.73	
240 +														ROTRAUD PALMER	Oxford	25-Jan-03	14:23.61	
														IRIS BELLIS	CMK	23-Feb-08	15:31.59	

RELAYS															1500			
4 X 50 FREESTYLE				4 X 50 MEDLEY				4 X 50 MIXED FREESTYLE										
72 +	CITY OF MILTON KEYNES	16-May-04	2:01.88	CITY OF MILTON KEYNES	15-May-04	2:17.37	CITY OF OXFORD	29-Jun-03	1:55.28						KATHRYN SAKER	Witney	23-Nov-02	22:10.08
100 +	CITY OF MILTON KEYNES	26-Oct-97	2:10.54	CITY OF MILTON KEYNES	26-Oct-97	2:28.13	CITY OF OXFORD	27-Oct-07	1:48.50						CHARLOTTE RENOWD	Witney	04-Dec-99	25:26.30
120 +	CITY OF MILTON KEYNES	03-Nov-02	1:57.81	CITY OF MILTON KEYNES	10-May-98	2:17.40	CITY OF OXFORD	29-Jun-07	1:51.80						URSULA SCHULZ	Oxford	11-Nov-02	19:42.53
140 +	CITY OF MILTON KEYNES	18-May-03	1:59.76	CITY OF MILTON KEYNES	15-May-04	2:15.70	CITY OF MILTON KEYNES	26-Oct-98	1:52.49						URSULA SCHULZ	Oxford	24-Oct-03	19:37.61
160 +	CITY OF MILTON KEYNES	29-Oct-06	2:01.55	CITY OF MILTON KEYNES	09-Sep-01	2:24.06	CITY OF OXFORD	27-Oct-07	1:50.17						MARGARET SMITH	CMK	26-Nov-00	Eu 19:20.62
180 +	CITY OF OXFORD	10-Jun-01	2:44.11	CITY OF MILTON KEYNES	18-Jun-06	2:25.95	CITY OF MILTON KEYNES	18-Jun-06	2:02.59						MARGARET SMITH	CMK	19-Apr-03	20:09.67
200 +	CITY OF MILTON KEYNES	16-May-04	2:27.31	CITY OF MILTON KEYNES	15-May-04	2:40.84	CITY OF OXFORD	06-May-06	2:03.76						CHRISTINE AYERS	CMK	24-Nov-07	23:35.20
220 +	CITY OF MILTON KEYNES	08-Sep-02	2:43.18											CHRISTINE AYERS	CMK	23-Nov-08	23:38.29	
240 +														LYNNE TANNER	Witney	24-Oct-08	25:34.02	